Declared Purpose:

The following purpose is for the Level 3 Diploma in Complementary Therapies 7607-31 (QAN no: 600/5072/X). This is a Technical Level qualification.

This level 3 Diploma in Complementary Therapies is a qualification which aims to provide you with a range of specialist practical skills and knowledge to help you to seek employment or to progress into further training within the complementary therapies or integrated health sector.

Who is this qualification for?

It is for learners who work or want to work as Complementary Therapists in the Complementary or Integrated Health Care Sector.

Learners are likely to hold a qualification in Level 2 Diploma in Beauty Therapy or Level 2 Diploma in Complementary Therapies and/or previous practical experience within the industry.

What does the qualification cover?

The Complementary Therapies qualification provides you with the practical skills in the key technical areas to offer treatments to a range of clients. It will also cover the knowledge you need to make sure you are able to make informed decisions regarding their continuing treatments. Mandatory units include:

- Business Practice
- Massage
- Aromatherapy
- Reflexology
- Principles and Practices of Complementary Therapies
- Anatomy, Physiology and Pathology.

As part of the qualification you will also cover areas such as health and safety, client care and communication which will help you work closely with the clients you will be treating.

This will give you the skills you need not only to work within the Complementary Therapies sector but will provide you with skills that you may use in other related work, such as Customer Service, Health Care, or any work where you will need to communicate and have empathy with people.

What opportunities are there for employment or progression after I have finished studying this qualification?

Employment:

There are opportunities for Complementary Therapists in the following job roles:

- complementary therapist working in a salon
- complementary therapist working in a health resort
- complementary therapist working within the integrated
health care sector, in areas such as palliative care.

- self employed complementary therapist

**Further learning:**
Or you can progress into Higher Education and go on to study subjects such as:

- Complementary Medicine
- Business Management
- Health Care.

The qualification is recognised by the complementary therapies regulator. You can join the voluntary register run by the Complementary and Natural Healthcare Council (CNHC) to show the general public that you have the skills to treat clients within the specific technical fields of treatments. You will be able to gain insurance and recognition from the following professional associations to work within the Complementary Therapies sector:

1. AAPA (Aromatherapy & Allied Practitioners Association)
2. GCMT (General Council Massage Therapy)
3. Reflexology Forum
4. AoR (Association of Reflexologists)
5. FHT (Federation of Holistic Therapists)
6. CThA (Complementary Therapists Association)
7. CNHC (Complementary and Natural Healthcare Council).

This information is found within the qualification handbook: