

Qualification title: Level 2 Technical Certificate for Cutting and Styling Services

Test title: Cutting and Styling

Version: Sample

Base mark: 60

Proposed grading boundaries: p/m/d



1

Cutting and styling services were requested by clients with pediculosis capitis and psoriasis. The services cannot be carried out.

- a) What additional advice should a stylist give to the client with pediculosis capitis? (3 marks)

- b) What additional advice should a stylist give to the client with psoriasis? (2 marks)

Q1a Answer,

1 mark for any of the following, to a maximum of 3 marks.

- Seek help from the pharmacist
- Use of conditioner and nit comb
- Use of specialist treatment shampoo
- Avoid head to head contact, not to share combs, brushes, hats etc

Q1b Answer,

1 mark for any of the following, to a maximum of 2 marks

- See GP if condition worsens
- Avoid overuse of products (especially spirit-based) on the scalp
- Recommend conditioning treatment for scalp
- Recommend use of pH balanced products

Test spec reference: 201, topic 4.2

Total marks: 5

2

A stock delivery has been made to the salon. This now needs relocating until there is time to unpack it. Describe how to move and lift the boxes safely to their new position.

(5 marks)

Q2 Answer,

1 mark for any of the following, to a maximum of 5 marks.

Lifting

- Adopt a stable position/feet apart one leg slightly forward to maintain balance
- Bend knees or hip & knees to squat/stoop
- Keep back straight whilst lifting/head up

Moving

- Keep the load as close to the body as possible/move smoothly and slowly
- Ensure route is clear before moving
- If too heavy enlist help/never carry more than you can easily manage

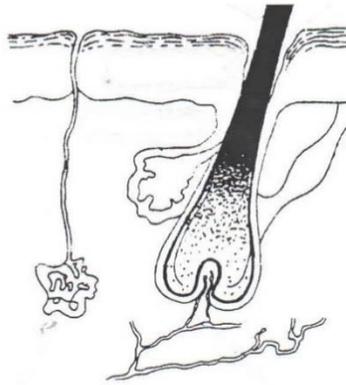
Test spec reference: 201, topic 1.2

Total marks: 5

3

a) On the diagram below label the sebaceous gland.

(1 mark)



b) Define each of the following stages of hair growth

- Anagen
- Telogen

(2 marks)

Q3a Answer

1 mark for

- Location of the Sebaceous gland

Q3b Answer

1 mark each for each of the following.

- Anagen – the active growing phase
- Telogen - resting phase when your hair is released and falls out

Test spec reference: 201, topic 2.1

Total marks: 3

4

Yasmin is a stylist who is covering for an absent colleague who is off sick. Yasmin is running 15 minutes late for her colleague's regular client who is having a cut and blow dry. To make up time Yasmin asks her junior to carry out the shampoo before she has consulted with the client.

Unknown to Yasmin the client suffers with eczema and has a double crown. The client asks for a short layered, textured look.

Explain the potential consequences of not carrying out a full consultation prior to shampooing.

(6 marks)

Q4 Answer,

1 mark per effect (to a maximum of 3 marks) and 1 mark per cause (to a maximum of 3 marks.).

- **Lack of care when combing and sectioning hair(1) could result in eczema on scalp being aggravated (1)**
- **Failing to identify the double crown when the hair was dry (1) could result in desired style layers being cut too short (1)**
- **Incorrect use of texturizing (1) could result in hair being spikey hair around the crown(1)**
- **Incorrect choice of shampoo product/massage technique (1) could result in eczema not being treated (1)**

Test spec reference: 201 topic 4.1

Total marks: 6

5

Amy has long, type 3, sparse hair and a dry scalp. She frequently uses products such as serums and hairspray.

A stylist has decided to use rotary as the main massage technique for a shampoo service

- a) Describe how to carry out rotary massage (1 mark)
- b) Describe how the stylist would adapt this technique to suit Amy's hair and scalp. (2 marks)
- c) What are the advantages and disadvantages of using this technique on Amy's hair and scalp. (2 marks)

Q5a Answer

1 mark for

- **Deep circular movements with the pads of the fingers**

Q5b Answer 1, mark for each of the following , to a maximum of 2 marks

- **Slower movements**

- Less pressure

Q5c Answer

1 mark for each of the following, to a maximum of 2 marks.

- Helps to build a lather to remove product/dirt
- Stimulates blood flow to address dry scalp
- Can cause damage if used inappropriately on very long, curly, sparse hair

Test spec reference: 202, topic 2.2

Total 5

6

State the effects of different water temperatures on the cuticle.

(2 marks)

- Hot / warm water
- Cool / cold water

Q6 Answer,

1 mark for each of the following.

- Hot / warm water lifts / opens the cuticle
- Cool / cold water closes the cuticle / Cuticles lay flat

Test spec reference: 202, topic 2.1

Total marks: 2

7

State **two** suitable methods of applying heat during a penetrating conditioning treatment.

(2 marks)

Q7 Answer

1 mark for each of the following.

- Steamer
- Plastic cap and hood drier/accelerator/clymazone

Test spec reference: 202 topic 1.3

Total mark: 2

8

Explain the benefits of back-combing when using dressing and hair-up techniques.

(3 marks)

Q8 Answer

1 mark for any of the following, to a maximum of 3 marks.

- To support the style/provides a secure base for grips/pins when dressing hair up

<ul style="list-style-type: none"> • Helps secure the hair for longer/durability • Adds volume to different lengths of hair • Used to balance/correct head shape • Helps to remove roller marks after setting 	
Test spec reference: 204, topic 2.3	Total marks: 3

9	
<p>a) State four influencing factors that should be considered before carrying out a cornrow service. (4 marks)</p> <p>b) State the consequences of using too much tension during this service. (2 marks)</p>	
Q9a Answer	
1 mark for any of the following, to a maximum of 4 marks	
<ul style="list-style-type: none"> • Presence of any contra-indications • Areas of alopecia • Density • Hair length • Condition of hair e.g. results of 'pull test' / hair elasticity • Head/ face shape/client features 	
Q9b Answer	
1 mark for any of the following, to a maximum of 2 marks.	
<ul style="list-style-type: none"> • Client discomfort • Hair damage/breakage • Potential for traction alopecia 	
Test spec reference: 206 topic 1.2 (3 mark) 2.1 (2 marks)	Total marks: 6

10	
<p>a) Describe how a cutting service should be adjusted for a client with a cowlick. (4 marks)</p> <p>b) Describe how a cutting service should be adjusted for a client with alopecia. (3 marks)</p>	
Q10a Answer	
1 mark for any of the following, to a maximum of 4 marks.	
<ul style="list-style-type: none"> • Use of freehand cutting technique/no tension instead of club-cutting/use of tension • When cutting the hair wet or dry allow for shrinkage and movement 	

- Check and revise final cut after hair is dried
- Style choice - need to 'go with' the hair growth pattern not against/avoid full fringe

Q10b Answer

1 mark for any of the following, to a maximum of 3 marks

- Discuss client's choice of hairstyle to avoid displaying alopecia
- Conceal area of alopecia by maintaining length in the layers
- Adapt bulk to maintain balance of the finished look
- Cutting technique may have to be adapted to achieve a blended result

Test spec reference: 203 topic 1.2

Total marks: 7

11

a) State **two** methods that can be used to disinfect a cutting comb.

(2 marks)

b) State **two** reasons why it is important to disinfect tools after use.

(2 marks)

Q11a Answer,

1 mark for each of the following

- Use of chemical steriliser/Barbicide
- U V rays / U V cabinet

Q11b Answer,

1 mark for any of the following, to a maximum of 2 marks.

- Avoid cross contamination/Hygiene purposes
- Professional working practice
- Adherence to Health and Safety

Test spec reference: 203, topic 1.3

Total marks: 4

12

A client has decided to have her type 2, below shoulder, one-length hair layered to add texture. She has a strong hair growth pattern and her hair is in poor condition. Her appointment is for a cut and blow-dry service and she has brought in the image below of the look required.



<http://thebestfashionblog.com>

Discuss style achievability and the challenges that could arise.

(12 marks)

Indicative content:

The candidates discussion will include, but is not limited to;

Difficulties that could be encountered, suitability

Hair characteristics, density, texture, elasticity, porosity, hair growth patterns – adapting for these

Hair classification, presence of movement/curl once layered – adapting for these

Contra-indications/adverse skin & scalp conditions

Client requirements

Tools and techniques - limitation and benefits to selection , use and adaption

Tools and equipment- scissors, cutting comb, hand dryer, nozzle, brushes, round or flat, heated styling equipment

Cutting techniques - club-cutting, texturizing, freehand, use of guidelines & tension

Drying techniques - blow dry, sectioning, use of angles to gain volume / body, direction required to achieve the finished look

Finishing techniques - straightening, backcombing, dry setting/use of Velcro rollers to support.

Look - suitability of methods for achieving style

Long graduation/square layering – reference to angles used, sectioning techniques, consideration and adaption for strong hair growth patterns

Checking for weight and balance – cross checking, style manageability

Product use pros and cons of different product choices for hair scalp condition

Use of styling & finishing products e.g. heat protectors, sprays, mousse, creams, serums

Answer:

Band 1 (1-4marks)

A brief discussion that shows little or no acknowledgement for the suitability and difficulties that could be encountered when offering services. The response is brief, under developed, lacks clarity and is not entirely relevant and/or accurate. The response demonstrates basic understanding of some of the techniques that would be used to achieve the client requirements. Links between tools, products and techniques for the specific scenario are weak or non-existent. The overall analysis is simplistic with little or no use of examples to support any points raised. Overall the discussion lacks structure and coherency.

To access the higher marks, the response will be mainly relevant and accurate. Some relevant examples will have been used to support the scenario.

Band 2 (5- 8 marks)

A relevant discussion which clearly shows some consideration to the suitability and challenges that could be encountered in achieving the desired style. The response is accurate and coherent in the main. Displays reasonable breadth and depth of relevant knowledge across the techniques, tools and products, angles used when cutting and drying as appropriate. Some areas may be covered in more detail than others. Within this knowledge there is some evidence of discussion around the benefits and limitations which demonstrates some linkages to how these impact services. Most opinions and ideas are justified. The overall discussion will be presented in a clear format and the use of terminology mostly appropriate.

To access the higher marks, analysis will show coverage of knowledge across a wide range of the considerations relevant to cutting and styling. There will be sound evidence of discussion and the majority of opinions and suggestions will have been substantiated.

Band 3 (9-12 marks)

A focussed and detailed discussion that shows thorough consideration to the suitability and wide range of challenges that could be encountered when achieving the desired style. Demonstrates good breadth and depth of knowledge and understanding of all the tools products, techniques and cutting angles that would be used to achieve the client requirements. Discussion is substantiated and supported with examples. There is detailed discussion on the relevant benefits and limitations with strong linkages to how these impact upon both the suitability and difficulties in achieving the style.

Specialist terminology is appropriately used throughout. The overall analysis will be presented in a coherent and structured format

To access the higher marks, analysis will be fully developed across both the cutting and styling services with well substantiated opinions and recommendations..

Test spec reference: 201 topic 2.1 & 2.2

203 topic 1.1, 1.2, 2.1

204 topic 1.1, 1.3, 2.1

Total marks: 12 marks