

# Qualifications in promoting the mental health and well-being of older people (3062) Information for Centres and Employers

City &   
Guilds

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September 2008



In collaboration with

**AGE**  
*Concern*

# Qualifications in promoting the mental health and well-being of older people (3062)

## Information for Centres and Employers

City & Guilds and Age Concern have worked together to produce the new vocational qualifications in Promoting the Mental Health and Well-being of Older People. These qualifications have been designed to benefit learners by developing, assessing and certificating their skills in the area of mental health in older people, an area that has historically had relatively few nationally recognised and certificated qualifications. The work roles of people taking these qualifications include paid staff, volunteers and informal carers supporting and working with older people in their own homes, in community and day services, hospital and residential settings, housing schemes and secure accommodation.

The qualifications are also intended to contribute to the knowledge and understanding towards the related level 2 and level 3 NVQs in Health and Social Care, and National Occupational Standards in Mental Health, whilst containing additional skills and knowledge which go beyond the scope of the National Occupational Standards.

The skills, knowledge and values covered feed into a large number of roles within the field of health and social care. The skills include basic communication, the knowledge covers understanding of mental well-being, and the values are person-centred.

### What qualifications are available?

#### Level 2 Award in promoting the mental health and well-being of older people

Learners need to achieve all **five** units to be awarded the level 2 Award:

**Unit 1** The principles and values that underpin the promotion of well-being and mental health with older people.

**Unit 2** Mental well-being, mental health problems and older people.

**Unit 3** Communication, relationships and promoting mental well-being with older people.

**Unit 4** Working within services to well-being and mental health with older people.

**Unit 5** Developing yourself in your role to promote the well-being and mental health of older people.

Assessors will be able to use a variety of assessment methods to provide evidence that the learner has demonstrated the outcomes for each of the five units. The methods that are likely to be most used are questioning, observations and assignments.

#### Level 3 Certificate in promoting the mental health and well-being of older people

Learners need to achieve **eight** units to be awarded the level 3 Certificate (units 1 to 6 are mandatory, plus two optionals from units 7 to 11).

**Unit 1** The principles and values that underpin the promotion of well-being and mental health with older people.

**Unit 2** Well-being, mental health and older people.

**Unit 3** Promoting well-being and mental health with older people.

**Unit 4** Mental health problems and the main interventions and approaches that are used with older people.

**Unit 5** The legal, policy and service framework in relation to promoting well-being and mental health with older people.

**Unit 6** Communication and relationships to promote the well-being and mental health of older people.

**Unit 7** Working with carers, families and significant others to promote the well-being and mental health of older people.

**Unit 8** Supporting participation in meaningful activity and engagement with life to promote the well-being and mental health of older people.

**Unit 9** Supporting older people with dementia.

**Unit 10** Supporting older people with depression and anxiety.

**Unit 11** Assessment, care and support planning and risk management to promote the well-being and mental health of older people.

Assessment for all level 3 units will be by an externally set, internally marked assignment.

#### Level 3 Introductory Award in promoting the mental health and well-being of older people

City & Guilds has also created an option for learners to take a smaller level 3 award of **four units** (units 1 and 2, plus two optional from units 3 to 11). This is in response to demand from employers for a 'bite-sized' qualification which still gives learners the option of achieving the full level 3 Certificate at a later date.

In addition, all the level 3 units may be taken on an individual basis with a City & Guilds certificate being awarded for each one.

#### Who are these qualifications aimed at?

These qualifications are aimed at everyone who is involved in improving and maintaining the mental well-being of older people, including people based in health services, housing, social care, advice and employment, education, sport and leisure, or the criminal justice system – in the voluntary, public or private sectors.

#### Key points

- Developed in collaboration with Age Concern.
- Learning materials in the form of a tutor manual and student workbook are available for these qualifications.
- Designed for people working with older people in a wide range of settings.
- Incentives to use the structures for continuing professional development.

### Do the qualifications form part of a recognised framework?

These qualifications are approved by qualification authorities across the UK. They are designed to work in tandem with each other to allow progression.

On completion of the level 2 Award learners may progress to:

- The related level 3 Award or Certificate
- Level 2 N/SVQ in Health & Social Care (3172/3175)
- Level 3 N/SVQ in Health & Social Care (3172/3175)

On completion of the level 3 Certificate, learners may progress to:

- Level 3 N/SVQ in Health & Social Care (3172/3175)
- Level 4 N/SVQ in Health & Social Care (3172/3175)
- Degree in Social Work
- Nurse training

### Are there any learning materials available?

All learners registered on to the level 3 qualifications are automatically supplied with the materials containing the full assignment guides.

City & Guilds is supporting the development of learning materials that can be used by education and training providers in delivering these qualifications. The City & Guilds endorsed materials have been published by Pavilion Publishing and provide a model of teaching and learning that promotes high quality and consistency across the diverse range of education and training providers and learners. The materials are in the form of a tutor manual and student workbook for each qualification.

### Why choose City & Guilds?

City & Guilds is the foremost provider of vocational qualifications in the Health and Social Care sector with dedicated development, quality assurance and quality improvement teams. These are supported by a network of specialist advisers in each of our local offices around the UK. Advisers work directly with employers and assessment centres to ensure that our qualifications meet your requirements.

### Are there any other qualifications that may be of interest?

- Level 2 Certificate in Community Mental Health Work (3061)
- Level 3 Certificate in Community Mental Health Care (3056)
- Level 2 Certificate in Supporting Users of Assistive Technology (3070)
- Level 2 and level 3 NVQs in Health and Social Care (3172)

### How can I find out more about these qualifications?

For further information visit our dedicated web page:

**[www.cityandguilds.com/healthandsocialcare](http://www.cityandguilds.com/healthandsocialcare)**

You can also find out more by contacting your nearest City & Guilds office. Log on to our website to find the location of your nearest office, or contact our Customer Relations team at:

**City & Guilds**  
**1 Giltspur Street**  
**London**  
**EC1A 9DD**  
**T +44 (0)20 7924 2800**  
**F +44 (0)20 7294 2405**  
**[centresupport@cityandguilds.com](mailto:centresupport@cityandguilds.com)**  
**[www.cityandguilds.com](http://www.cityandguilds.com)**

If you're asked for a qualification number please quote **3062**.

For more information about Age Concern go to:

**[www.ageconcern.org.uk](http://www.ageconcern.org.uk)**

For more information about the City & Guilds endorsed learning materials please contact Pavilion Publishing at

**[www.pavpub.com](http://www.pavpub.com)**

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1 Giltspur Street  
London EC1A 9DD  
T+442072942468  
F+442072942400  
[centresupport@cityandguilds.com](mailto:centresupport@cityandguilds.com)  
[www.cityandguilds.com](http://www.cityandguilds.com)